



WHAT IS THE BUILT ENVIRONMENT?

Our workplace...

Our home...

Our neighborhood...

The sidewalks...

The streets...

The playgrounds..

The buildings...

...all make up a *"Built Environment"*!

HOW DOES THE BUILT ENVIRONMENT CONNECT TO OUR HEALTH?



HEALTH DISPARITIES

How our neighborhoods are designed and developed play a part in creating more equitable outcomes or reinforcing existing disparities or differences between groups.



ELEMENTS OF A HEALTHY NEIGHBORHOOD



Access to Healthy Food



Quality Affordable Housing



Safe streets and public spaces that encourage physical activity

ACTIVE LIVING AND TRANSPORTATION MEANS...

Opportunity to be physically active in your neighborhood

Safe parks and recreational spaces

Safe streets for pedestrians and cyclists

Reduces risk of: Attention deficit disorder, diabetes, heart disease, obesity, stress



BARRIERS TO ACTIVE LIVING AND TRANSPORTATION

Community Access

- Limited or no open space or parks

Auto Dependency

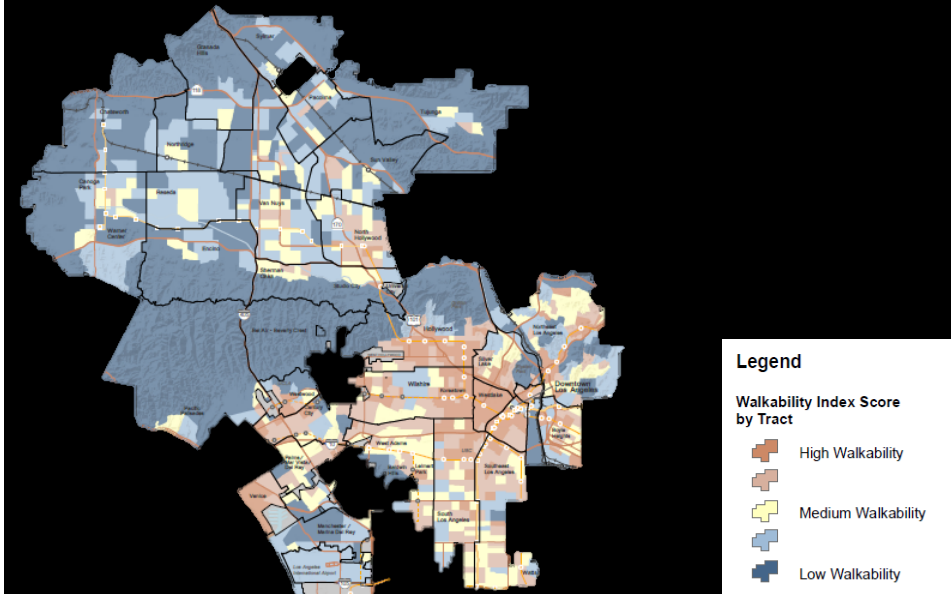
- Long commute times
- Inefficient, unsafe or expensive public transit.
- Poor infrastructure for walking and biking

Safety Concerns

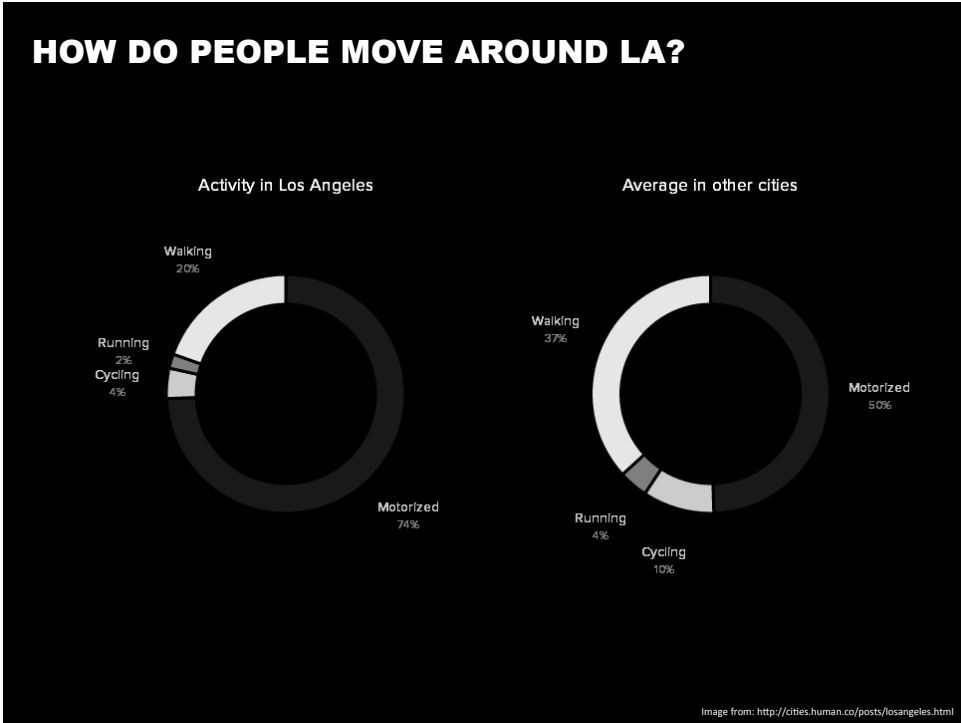
- Poorly maintained parks
- Real or perceived fears of violence
- Environmental pollution or poor air quality



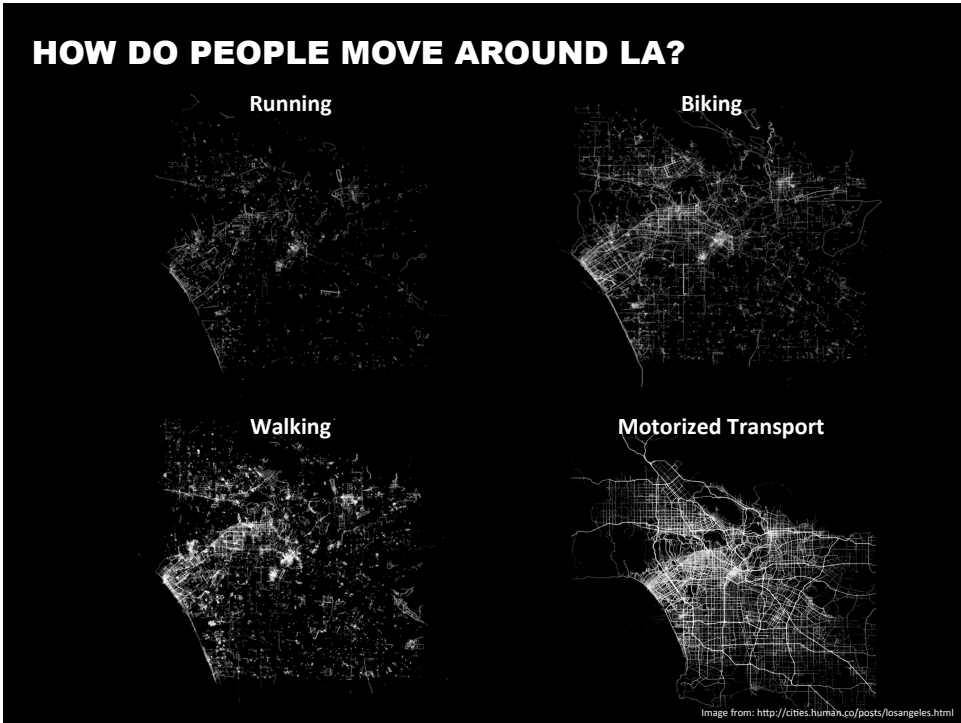
HOW EASY IS IT TO WALK IN YOUR NEIGHBORHOOD?



HOW DO PEOPLE MOVE AROUND LA?



HOW DO PEOPLE MOVE AROUND LA?



ACCESS TO HEALTHY FOOD MEANS...

Access to healthy affordable food and clean water

Access to full service grocery stores and farmers markets

Places to grow your own fruits and veggies in clean soil

Corner stores that stock healthy food

Reduces risk of: Cancer, diabetes, hunger, heart disease, learning difficulties, obesity and stroke.



BARRIERS TO HEALTHY FOOD

Community Access

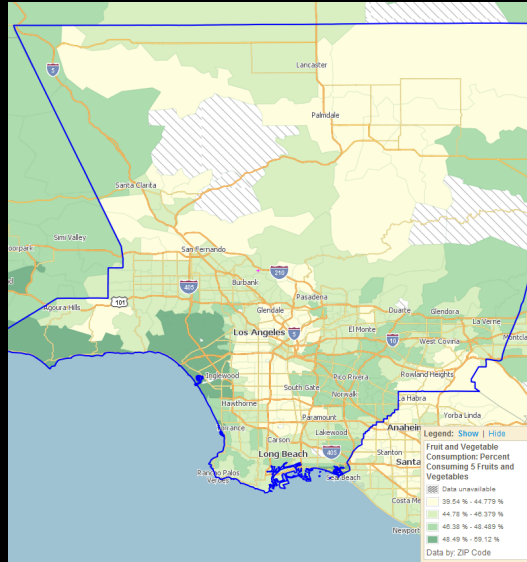
- Limited access to grocery stores, farmers markets, and community gardens
- Concentration of fast food, liquor, and convenience stores

Marketing

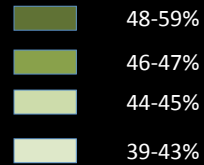
- Concentration of unhealthy advertising



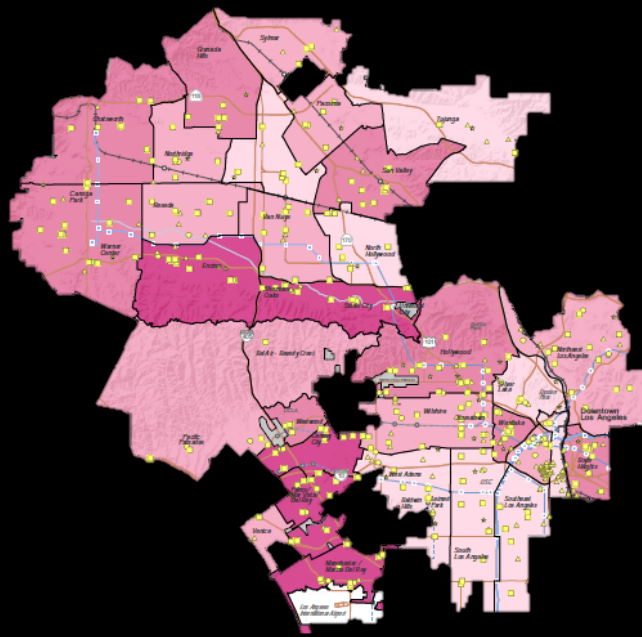
FRUIT AND VEGETABLE CONSUMPTION IN LA



Percent of people consuming 5 fruits and vegetables



GROCERY STORE RATE PER 10,000 RESIDENTS



Legend

- Grocery Store
 - ▲ Produce Store
 - Farmers' Market
 - ★ Community Garden
- Grocery Store Rate per 10,000 Residents
- No Grocery Stores
 - Less than 0.45 per 10,000
 - 0.45 to 0.68
 - 0.68 to 0.97
 - Greater than 0.97

Healthy Housing Means...

Affordable well maintained housing made of safe durable materials

Linked to health promoting assets such as parks and grocery stores

Close to quality employment and educational opportunities

Connected to friends, family and social networks

*Reduces risk of: Asthma,
communicable disease, lead
poisoning, respiratory illness,
skin disease, stress*



BARRIERS TO HEALTHY HOUSING

Housing Design and Development

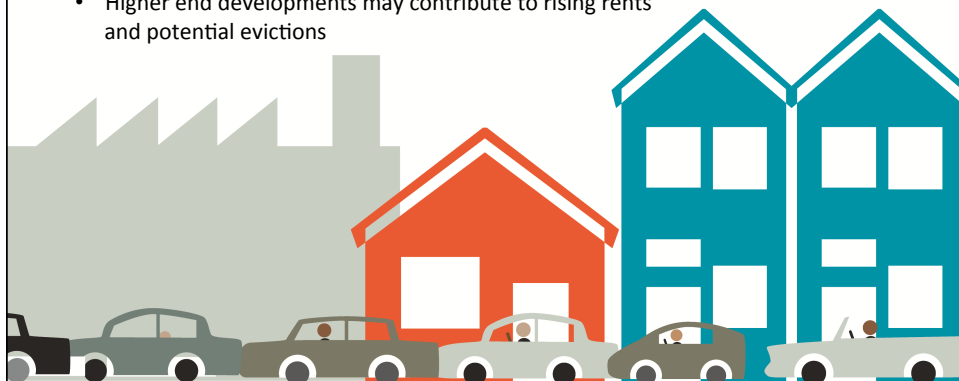
- Unhealthy building materials
- Poor maintenance practices
- Overcrowded conditions
- Lack of quality affordable housing
- Proximity to hazardous materials or pollution

Increased Commute

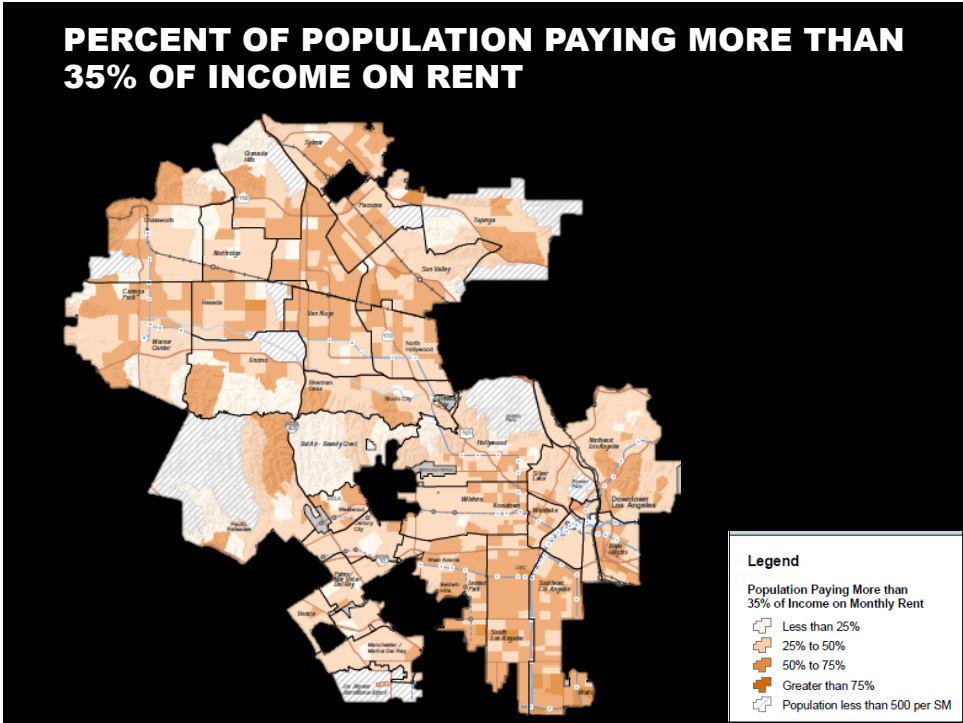
- Affordable housing located far from jobs centers, daily services or friends and families increase the time spent in the car.

Neighborhood Development

- Higher end developments may contribute to rising rents and potential evictions



PERCENT OF POPULATION PAYING MORE THAN 35% OF INCOME ON RENT



THANK YOU!